



National Alliance on Mental Illness

NAMI

Bergen County

ANNOUNCING!

Basics in Bergen!



Basics is an education program for families of younger children with emotional issues.

Modeled after our highly successful Family-to-Family-Education Program, this course is designed for parents and other primary caregivers of younger children.

Like Family-to-Family, NAMI Basics is taught by trained parents who have a similar lived experience with their own children. This course offers education and support, learning and practical insights for families.

This course is free but seating is limited. Registration is required.

Register early!

Classes begin: Thursday, September 14, 2017 End: Thursday, Nov 2, 2017
(no class on 9/21 Rosh Hashanah)
Classes start promptly at 7 PM & end at 9:30 PM

Location: Bergen's Promise
3 University Plaza, 3rd Floor
Hackensack, NJ 07601
(off River Street, Burger King Exit to Bldg. No. 3)

To Register: Marie Fuchida 201-816-3735

NAMI Bergen County 304 Valley Boulevard, Wood Ridge, NJ 07075
201-935 (NAMI) 6264

