

Town or Library Information

Date: For Immediate Release: May 1, 2017

Apply, Cover, Enjoy in Town's Name: Raising Sun Safety Awareness

Town, NJ – May is Melanoma Awareness Month. In honor of this, the Town or Library has partnered with the Enright Melanoma Foundation, a NJ-based nonprofit organization, whose mission is to raise sun safety awareness and to help prevent melanoma through education and early detection.

Designed by skin care professionals from the Enright Melanoma Foundation, the **Enright Sun Safety Certification™** programs, are free, online education courses for ages 5 and over, that take about 15 minutes to complete. As part of our 2017 “**Apply, Cover, Enjoy**” Campaign, all residents are encouraged to complete the online programs to become Enright Sun Safety Certified™. These programs can be found at www.ApplyCoverEnjoy.org.

Every year, more than 5 million Americans are treated for skin cancer. This year alone, more than 10,000 deaths in the US will be caused by melanoma skin cancer. Fortunately, when detected in its earliest stages, melanoma cancer is highly curable and preventable.

Avoid the dangers from sun exposure by:

***Always apply sunscreen with SPF 30–50, thirty minutes prior to going outside.**

***Wear a hat and UV sunglasses to protect your head and face.**

***Reapply sunscreen every 2 hours, and more often after swimming or sweating**

***Avoid the sun as much as possible between the hours of 10 am–4 pm or stay in shade.**

***DO NOT USE TANNING BEDS!**

The “**Apply, Cover, Enjoy**” Campaign urges Town residents to get educated by completing the **Enright Sun Safety Certification™** programs and start making healthier choices when it comes to sun safety. To complete the **Enright Sun Safety Certification™** program online today, visit www.ApplyCoverEnjoy.org.

For more information on skin cancer prevention visit www.EnrightMelanomaFoundation.org

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