



WOOD-RIDGE CIVIC CENTER

Spring I Session – April 8th – May 6th (5 Weeks)

Spring II Session – May 13th – June 17th (5 Weeks)

(Minimum number of 8 for class to start)

Fee: **Wood-Ridge / Moonachie Residents Only - \$70.00**

Non-Residents - \$90.00

Day: **Monday Morning / Start Time: 9:30**

(Time subject to change)

Kids Yoga (boys & girls ages 3 - 5) – Kid's yoga is a 30-minute class, and the experience is unique and individual for each child. It encourages children to use their imaginations and take their minds on imaginary journeys while introducing breath and movement awareness. This fun and energetic class will develop coordination & balance, muscle strength, self-expression, and self-confidence skills.

Please note this class is for 3 - 5 year old's who are ready for an independent class without their adult in the room.

To register for Kids Yoga, go to <https://activitymessenger.com/p/yhHDITu> and fill out the form completely.



PAYMENTS

Kinderdance@ New Jersey accepts Credit Card Payments (a 2% convenience fee will be applied).

For additional questions, please contact us directly via email at kinderdancenj@yahoo.com

